

SPRING RETREAT AT NG YUEN

An intimate weekend gathering in
the beautiful sanctuary of
Ng Yuen Farm, Lantau.

This is a chance to gather, connect,
laugh, be still, drink tea in ceremony,
do some yoga, sit by the fire, relax,
be creative and experience the
abundant gifts of nature in this
remote Buddhist garden.



MARCH 20-22, 2020

The retreat is guided and supported by Deborah & Leini.

The cost is HK\$3,000.

*We have taken care of all the arrangements...there is
nothing to do but arrive.*

Please contact: Leini@maitri.hk to book a spot.